



The Exodus: Christ is the Manna from
Heaven - *Ex 16:31-32*

LESSON SUPPLY LIST

- Bible w/ Marked
Scripture
- Pencils
- Crayons
- Craft Glue
- Mini-Vanilla Wafers
- Plain White Paper or
Sand Paper
- Copies of Word Puzzles
- Copies of lesson overview
for children to take home

The Exodus: Christ is the Manna from Heaven

Ex 16: 31-32



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³¹And the house of Israel called the name thereof Manna: and it was like coriander seed, white; and the taste of it was like wafers made with honey.

³²And Moses said, This is the thing which the LORD commandeth, Fill an omer of it to be kept for your generations; that they may see the bread wherewith I have fed you in the wilderness, when I brought you forth from the land of Egypt.

John 3:16

¹⁶For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Objective of Lesson:

Just like God provided all the needs of the Children of Israel in the wilderness. God also provides all our needs for salvation from our wilderness of sin. Jesus Christ is the manna sent from heaven, a body prepared and sent to this world to save his people from their sins.

Lesson Instructions:

1. God's people are called the Children of Israel. The Bible tells us the people of Israel were slaves in Egypt for 300 years. Then God sent a man to set them free from their bondage in Egypt. His name was Moses. After Moses led them out of Egypt the Lord God sent them on a great journey through a place called the wilderness. The wilderness was a great desert. God put a cloud in the sky during the day and a pillar of fire in the sky at night for all the people to follow.
2. While they were in the wilderness the Lord provided all of their needs. That is what we are going to talk about today.
3. Lets name some things those people might have needed on their journey. What about food? When a person is on a journey, or a trip, they usually have to stop at restaurants to eat, but the Children of Israel were in the wilderness, a desert, and there was no place to get food.
4. The children of Israel were hungry. The Bible tells us that the people of Israel began to complain. Even though the Lord had provided everything for them up to this point - they had already forgotten all that the Lord had provided. All the people of Israel wanted to return to Egypt. They got very angry at Moses for leading them into the wilderness; however they were really angry at God, because God is the first cause of all things.
5. God had done so much for these people and they were not appreciative at what God had provided. What would YOU do if you kept doing nice things for someone and they were not appreciative? What do you think God did?

6. HE SHOWED MERCY AND KINDESS TO HIS PEOPLE....AGAIN. He sent meat to them in the evenings and Manna in the morning. The Manna fell down from heaven. It was like a sweet wafer, tasting like honey. The Children of Israel could gather all that they needed for the day...and God promised more manna for the next day.
7. EVERYTHING in God's Word teaches us of the Lord Jesus Christ. This story does as well.
8. The Manna from heaven is a picture of Jesus Christ and how he saves his people. Just as the Manna was prepared by God and came down from heaven, so the Lord Jesus Christ's body was prepared by God and came down from heaven. The Manna was for a purpose ...God's people were able to live because of this sweet bread he provided. The Lord Jesus Christ also came for a purpose...God's people are able to live because of the salvation Christ accomplished. This was ACCOMPLISHED - that means finished. Without the manna, the Children on Israel would die in the wilderness. Without Christ, we will die in our sins.
9. Did the people of Israel have to buy this bread God provided every morning? No. This Manna was a GIFT. It cost them nothing.
10. Do you know the difference between a gift and a reward? What is a reward? If you do something good for someone and person gives you something to show their appreciation, this is not a gift, but a reward. That is not so with a gift. A gift is something that is given freely out of love. It is not earned like a reward.
11. Despite the complaining of the Children of Israel, the Lord gave them the gift of Manna because he is merciful. They did not deserve it. Just like the Manna, salvation through our Lord Jesus Christ is a gift from God. We do not earn it. It cost US nothing. Why? Because Jesus Christ paid the cost of our salvation with His own blood. He gave His life because he loved a people out of every tribe, kindred, tongue and nation. John 3:16 The word "World" means all kinds of men....male, female, rich, poor, black, white etc.
12. How else was this Manna a picture of Christ? - The manna was pleasant to the taste. Just like Christ is pleasant to His People
13. What is another way the Manna is a picture of Christ? Manna was all those people needed to satisfy their hunger. CHRIST IS ALL WE NEED FOR SALVATION.

Activity:

- Materials: Crayons, white drawing paper, glue, mini vanilla wafers - Color in brown sand at the bottom of the page. (You could use sand paper or use glue and real sand....much messier....but cute.) Color the blue sky and hot sun. Glue mini vanilla wafers falling from the sky and on the sand. Write bible verse John 6:35 at the top.
- Manna From Heaven Word Puzzle

Song: Jesus Christ is Made to Me

Jesus Christ is made to me. All I need, All I need.
He alone is all my plea. He is all I need.

Chorus:

Wisdom, righteousness and power, holiness forever more,
My redemption, full and sure.
He is all I need.

Jesus is my all in all. All I need, All I need.
While He keeps I cannot fall. He is all I need.

Chorus:

Wisdom, righteousness and power, holiness forever more,
My redemption, full and sure.
He is all I need.

Music at: (www.cyberhymnal.org/htm/a/l/allineed.htm)

**The Exodus: Christ is the Manna from Heaven
Take Home Overview Sheet**



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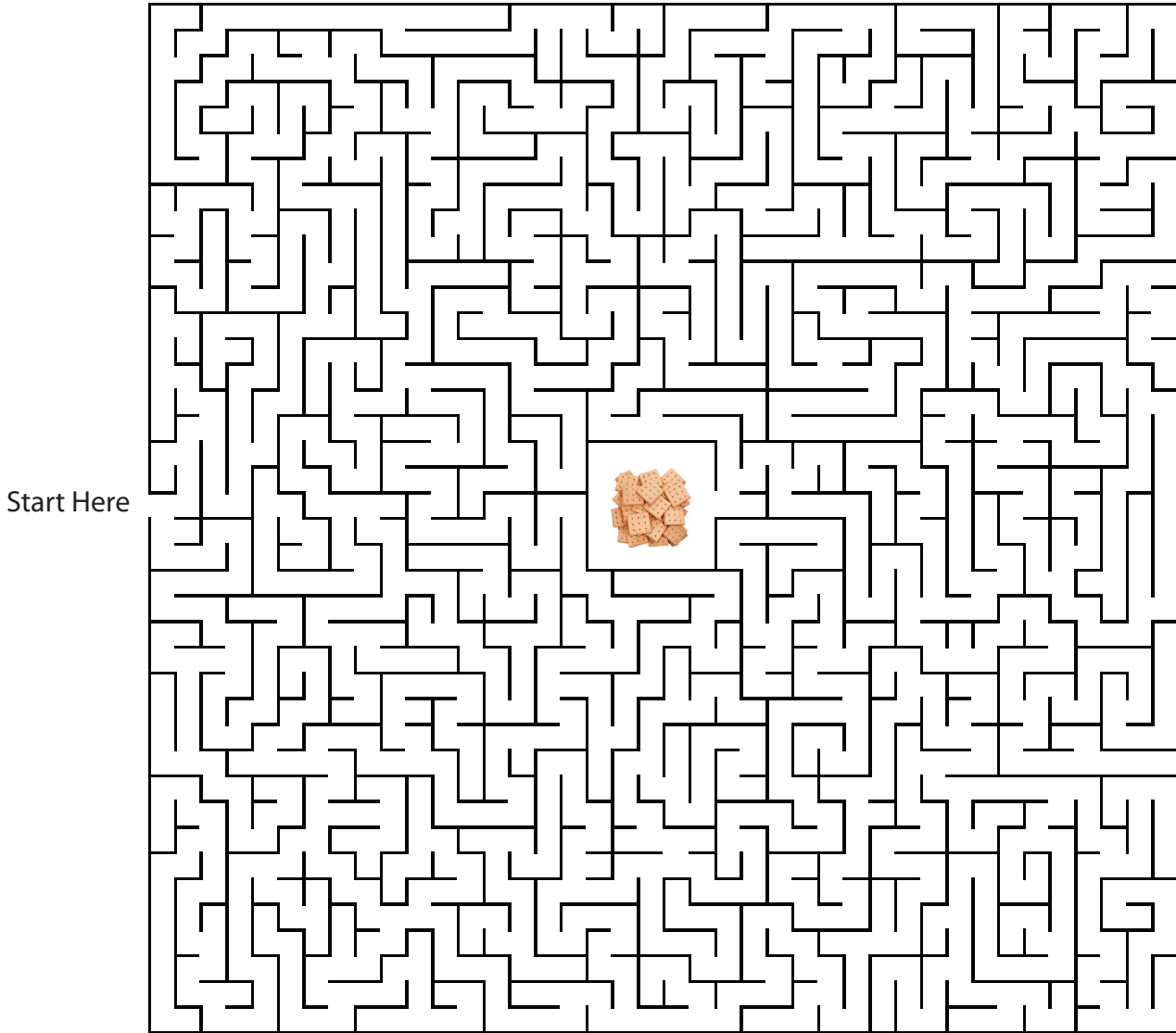
Overview of Lesson:

The Manna from heaven is a picture of Jesus Christ and how he saves His people. Just as the Manna was prepared by God and came down from heaven, so the Lord Jesus Christ's body was prepared by God and came down from heaven. The Manna was for a purposeto provide for their hunger. The Lord came for a purpose...to provide salvation for his people. This was ACCOMPLISHED. Without the Manna, the Children of Israel would die in the wilderness. Without Christ, we will die in our sins.

Jesus Christ is the Manna from Heaven



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